



AHA Inc. Approved Treatment Connection

ROCK (Ride on Center for Kids)
Georgetown, Texas 78627

May 4, 2019

Contact : McKenna Wood
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Faculty

Karen Gardner has a Master's degree in Occupational Therapy, is a Hippotherapy Clinical Specialist (HPCS), PATH Intl. Master Instructor and Driving Instructor. She is a consulting OT and an adjunct professor for the OTA Program at Lone Star College. Therapy specialties include sensory integration, aquatic and neurodevelopmental techniques. She also incorporates the concepts of Floortime (from Dr. S. Greenspan) into her treatment sessions. Karen is certified as an Advanced Practitioner in Natural Lifemanship for Trauma Focused Equine Assisted Psychotherapy (TF-EAP). She is an

active member of the AHA Faculty and has presented at local, state and national conferences on a variety of topics within occupational therapy, hippotherapy, adaptive riding and horse training. Karen's current equine experience includes competitive carriage driving and competitive trail riding. She utilizes a variety of natural horsemanship techniques in her horse training and therapy sessions. She is a member of AOTA, TOTA, PATH, LSTEN, ACTHA and several carriage driving associations. Karen is a past President and former Board member of the American Hippotherapy Association, Inc.

Continuing Education

A certificate of attendance will be provided. Contact hours: 8. Courses are not pre-approved unless indicated otherwise.

Hotel Information

- **Hampton Inn & Suites Georgetown/Austin North**- 160 River Oaks Cove, Georgetown, TX 78626•(512) 688-5300
- **Comfort Suites**- 11 Waters Edge Cir, Georgetown, TX 78626•(512) 863-7544
- **Best Western Plus Georgetown Inn & Suites**-600 San Gabriel Village Blvd, Georgetown, TX 78626•(512) 868-

8555

- **Sheraton Austin Georgetown Hotel & Conference Center**-1101 Woodlawn Avenue, Georgetown, TX 78628•(737) 444-2700

The Treatment Connection

Pre-requisites: AHA Level I Treatment Principles

Target Audience: OT, PT, SLP, PTA, COTA, SLPA . **No auditors**

Course description: Workshop will be very interactive and experiential. Participants review principles of hippotherapy. Faculty will provide demonstrations and encourage development of ideas and strategies to expand the therapists' treatment repertoire. Participants will practice variety of treatment techniques, therapeutic activities and engage in interactive problem solving with role playing.

This workshop is designed for therapists familiar with hippotherapy based treatments who wish to expand their clinical expertise and treatment options. During this workshop, we will review the foundational principles of hippotherapy as a treatment strategy, identify common problems that occur during treatment and develop new and effective activities to maximize functional outcomes and improve our patient's transference of newly acquired skills.

Hippotherapy is a part of a comprehensive and unique plan of care for each patient. So, it is helpful to think of the treatment design holistically – incorporating meaningful activities that progress the patient using all your tools – your professional expertise, your patient’s strengths, equine movement, the unique environmental setting, available equipment, task analysis and adaptation and ongoing clinical reasoning.

Learning Objectives

1. Participants will learn how commonly used treatment strategies and theories can enhance the effectiveness of hippotherapy.
2. Participants will practice using a holistic approach to treat their patient.
3. Participants will learn to maximize functional outcomes in a patient- centered hippotherapy session.
4. Participants will learn how to maximize the benefits of equine movement.
5. Participants will learn how meaningful and contextually relevant activities can optimize treatment effects.
6. Participants will enhance their clinical reasoning in a unique environment.
7. Participants will learn to incorporate typical

measurements to document treatment efficacy.

8. Participants will learn to identify safety concerns and improve safety awareness.

The curriculum may be utilized only under conditions set forth by AHA, Inc.

Registration Information

Cancellation Policies: AHA, Inc. and the host facility reserve the right to adjust course dates, times and faculty to accommodate unforeseen circumstances including cancellation of the course due to insufficient registration up to 3 weeks prior to the scheduled start date. Notification will only be made to advanced registrants. Neither AHA, Inc. nor the host facility is responsible for any expenses incurred by registrants due to such adjustments.

Participant cancellation requests must be made in writing no less than 3 weeks prior to the course start date to receive a refund, minus a \$115 administrative fee. No refunds will be given for cancellations received within three weeks prior to the start of the course

Registration Form

Name: _____

Address: _____

City/ State/ Zip: _____

Phone: _____

Email: _____

*AHA, Inc. Member #/exp.: _____

Join today at www.americanhippotherapyassociation.org.

Credentials as listed on course certificate:

Special needs-mobility restrictions/diet/etc.

Registration is limited.

Early registration on or before April 21, 2019

____ \$295.00 for AHA, Inc. Member/\$395.00 for Non-AHA, Inc. Member

After April 21, 2019

\$395.00 for AHA, Inc. Member/\$495.00 for

Non-AHA, Inc. Member

__ Check - payable to AHA Inc.

__ Charge MC VISA Amer Express

Name on Card _____

Card Number _____

Exp. Date _____ Security Code _____

Billing zip code _____