



Therapeutic Horsemanship Classes for Veterans

Session 3: January 7- February 25, 2020

Register by December 1

Session 4: March 3 - May 5, 2020 (No classes March 31 - April 7)

Register by February 14

Tuesday Classes

Intro to Horsemanship 5:00 - 6:30 pm

For first time participants & those returning after a long break

Continuing Horsemanship 2 5:00-6:30 pm

For those who have completed Continuing Horsemanship I

Visitors Grooming 5:00 pm

This one-time preview class includes facility tour, time to meet horses, and find out for yourself what it's like to connect with a horse during a grooming session.

Fellowship Meal served at 6:30 pm (for all classes)

Athena Horsemanship Class 7:30 pm

The ATHENA horsemanship program teaches veterans classical training techniques to improve equine partners physically and mentally for their jobs. Veterans work in teams to develop their equine partner's topline- the muscle groups that run along the spine.

Continuing Horsemanship 1 Class 7:30 pm

For those who have completed Intro to Horsemanship

Thursday Class

Ground Only Continuing Horsemanship 2 9:00 - 10:30 am

Friday Classes

Womens Continuing Horsemanship 1 12:30 - 2:00 pm

Men's Continuing Horsemanship 1 2:00 - 3:00 pm

Spring Women Only Friday Night Class

Women's Intro to Horsemanship & Fellowship Meal

March 6,13,20,27, April 17, 24, May 1,8 5:00-8:30 pm

This Eight Week Introduction to Horsemanship Class is designed to reach out to female veterans and service members that may have experienced trauma while serving our country. This is a horsemanship based class which focuses on the connection between you and your horse and how that relates to your life.

For more information, please contact Heidi@ROCKride.org or call (512) 930-7625 x311
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