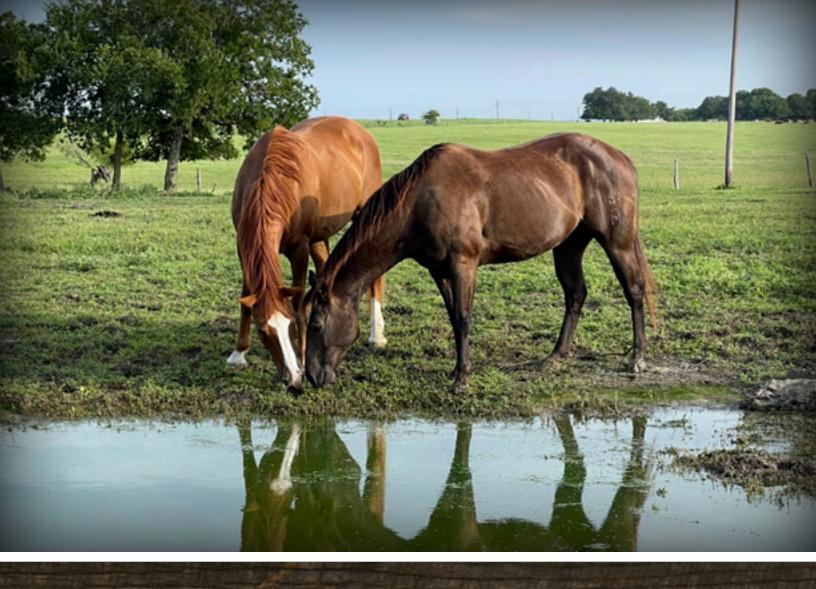




# 2022-2023 ANNUAL REPORT

**ROCK, Ride On Center for Kids** provides equine-assisted services to children, adults, and veterans with physical, cognitive, and emotional challenges.





Healing Thru Horses

# MISSION

Improving independence and life skills in partnership with the horse.

# **VISION**

To be the trusted leader in equine-assisted services through research, education, and programs.





Dear ROCK Family and Friends,

For over 25 years, individuals have been empowering others by lifting them up on the horse, fostering improved independence and life skills - this forms the foundation of ROCK.

This year, we achieved a significant milestone by fully paying off our land debt. We've also transitioned into our new Sport Clips Heroes Arena, inaugurated the Doc Breen Vet Clinic, unveiled the Charles Avery Plaza, and introduced the George and Barbara Brightwell Welcome Plaza. Additionally, we've established the Cecile Autrey Ham Family Room and the Barbara Brightwell Equine Alley - these spaces serve as the backdrop for our mission of connecting people and horses.

ROCK's essence lies not in its physical structures, but in the symbiotic relationship between humans and horses. The devoted ROCK staff, selfless volunteers, generous donors, and our gentle equine partners come together to create a truly remarkable environment where miracles unfold every single day.

This past year has been one of expansion, welcoming new horses and staff, as well as the addition of new facilities. It's also been a year of sorrow. We paid tribute to Barbara Brightwell at our inaugural Cowgirl Bruncheon, presenting her with the True Grit award, only to bid her and George farewell this spring. Their initial gift of 20 acres and 25 years of leadership have formed the solid foundation on which ROCK stands.

Through this annual report, we celebrate the impact of the past year of service. We extend our heartfelt gratitude to each and every horse and human who took a step towards 'Healing Thru Horses'.

Chris Miller Lauce Krenek

Courage and Blessings,

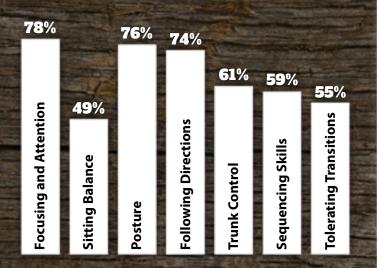
Chris Miller, Board President

Dr. Nancy Krenek, PT, DPT, HPCS CEO & Founder The impact of ROCK's programs is seen in the research, goal documentation, surveys, and testimonies from the participants that ROCK serves.

94.%
of children & adults
improved in
independence\*

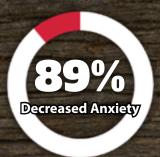
88%
of children & adults
improved in
life skills\*

ROCK participants reported improvement in the following cognitive, motor, and behavioral skills:





ROCK On Veterans (ROV) participants reported improvements in the following areas\*\*

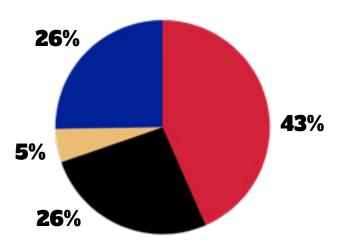






\* Results from 2022-2023 ROCK Participant Survey | \*\* Results from 2022-2023 ROCK On Veterans Participant Exit Survey





- Equine-Assisted Activities: 3,414
- Equine-Assisted Therapies: 434
- Equine-Assisted Learning: 2,098
- Veterans: 2,035

# **Service Hour Distribution**

**Total participant** service hours:

**7,981** 

# **Volunteer Opportunities**

**Total volunteer** service hours:

**18,738** 



Our Mission is accomplished thanks to the passion and commitment of our volunteers, lovingly referred to as ROCKateers, who range in age from 14 to 92.

Training is offered throughout the year and, while horse experience is valued, it is not required. Help is always needed in the following areas:



Scan QR code or visit ROCKride.org/ volunteer to get involved today!

- **Sidewalkers**
- **Special Events**
- **Welcome Wranglers**
- **Barn Maintenance**
- **Horse Handlers**
- **Work Groups**



# FINANCIAL REVENUE & EXPENSES



We are grateful for all our monthly and yearly donors, those who attend our special events and support us through ticket sales and event sponsorships, as well as our grantors and foundation gifts, all of which contribute to our operational budget. This year the average gift of the individual contributor was \$830.83.

24 research projects and 4 have been published in peer-reviewed journals.



2022-2023 Annual Operating Budget

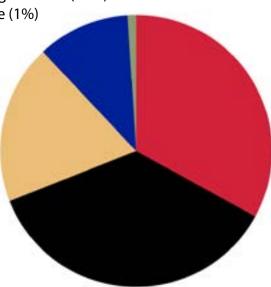
Audited financial statements available upon request

\$1,884,000

# 2022-2023 Revenue Sources

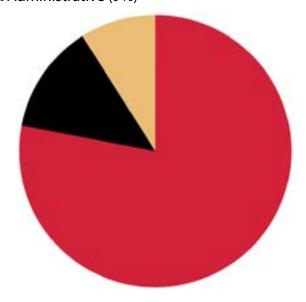
- Grants & Contracts (19%)
- Special Events (36%)
- Contributions (33%)
- Tuition & Program Fees (11%)

Other Income (1%)



# **2022-2023 Expenses**

- Programs (78%)
- Fundraising (13%)
- General & Administrative (9%)



# **EQUINE-ASSISTED SERVICES**

# **Programs**

# Speech & Physical Therapy Incorporating Equine Movement

Also known as Equine-Assisted Therapies (EAT), this strategy utilizes the dynamic movement of the horse to achieve speech therapy or physical therapy goals.

### **Adaptive Riding**

Also known as Equine-Assisted Activities (EAA), adaptive riding is designed to teach horsemanship and riding skills to individuals with special needs, with the goal of increasing functional life skills.

### **ROCK On Veterans**

ROCK On Veterans offers co-ed and women-only programs for veterans and active-duty service members, as well as programs for veteran families partnering with horses and veteran volunteers.

### **Equine-Assisted Learning (EAL)**

EAL is an educational approach that incorporates equine-facilitated activities using the experience of equine to human interaction in an environment of learning and self-discovery.

### **School Programs**

Through partnerships with local school districts, ROCK is able to create connections with the horse and facilitate learning between diverse populations through Equine-Assisted Learning (EAL) programming.

### **Summer Camp**

ROCK offers summer camps full of fun and learning about the horse during the summer months that includes Camp Bright Side, an inclusion camp, and Camp Courage which is offered to children of veterans and active-duty service members.



Healing Thru Horses

## **Education**

# TAMU Courtney Cares Equine Therapeutic Program

In 2012, ROCK began partnering with Texas A&M University to provide the staff, knowledge, and expertise in Equine-Assisted Activities and Therapies for a program on campus at TAMU in College Station, TX. Learn more at www.courtneycares.org.

# Intro to Equine-Assisted Activities and Therapies (EAAT) Course

In Spring 2018, Dr. Priscilla Lightsey and Dr. Nancy Krenek began teaching an Intro to EAAT course at Texas A&M in College Station. The lab for this class is conducted in the arena of Courtney Cares.

### **ROCKateers**

ROCK has many opportunities for volunteers (ROCKateers) to expand their horse knowledge, serve on a board or committee, help with office work, side walk, horse handle, and take on leadership roles in a volunteer capacity.

### **STAR Program**

ROCK's STAR (Student Teachers Aspiring to be Registered) program is a 20-week intensive learning program that offers instruction and hands-on experience to prepare participants interested in pursuing certification through PATH Intl. as a Certified Therapeutic Riding Instructor.

# Research

# Research in Partnership with Institutions of Higher Learning

ROCK is fulfilling our vision to be the trusted leader in Equine-Assisted Services through research, education, and programs by collaborating with universities to conduct research to document the effectiveness of equine-assisted activities and therapies. To date, ROCK has participated in 24 published research papers within the field of Equine-Assisted Services.

# H.O.P.E. (Horses Offering People Enrichment)

ROCK provides educational and intern support to this nonprofit EAAT program serving children with special needs in Beijing, China. Dr. Priscilla Lightsey, who works at ROCK and TAMU Courtney Cares, is the Founder and Executive Director of H.O.P.E. Learn more at www.hopebeijing.org.



# TOP 10 DIAGNOSES TREATED

ADHD
Autism Spectrum
Cerebral Palsy
Down Syndrome
Developmental Delay
PTSD
Seizure Disorder
Speech Delay
Traumatic Brain Injury
Visual Impairment

"I wanted to thank you guys for helping to allow me to ride. I have benefited from ROCK in several different areas. I have decreased anxiety, have more self confidence, more independence and the ability to reason and deal well with life and its challenges. Thank you for the scholarship to be able to ride at ROCK." - Sarah V., participant

"I am currently serving as a volunteer for ROCK in appreciation for the services they provided our family over 20 years ago. ROCK is an incredible program with exceptional leadership. It is amazing to see how the program has significantly grown in providing equine-assisted services to the community for many years. Speaking from both a client and volunteer perspective, ROCK consistently delivers an exceptional experience to all participants in the program. I highly recommend their services and encourage those looking for volunteer opportunities to join the ROCKateer team." - Brian D., ROCKateer

"The veterans program made me feel welcomed and gave me a sense of belonging.
The safety of the space allows us to share with the other veterans what we might not
share elsewhere. I have found the time with the other vets, and especially the time with
the horses, to be therapeutic and healing in unexpected ways." - Steve D., ROCK On
Veterans participant



Scan QR code or visit ROCKride.org/donate to make an impact!

# **GIVING OPPORTUNITIES**

ROCK's annual operating budget is supported by generous donors like you through special events and contributions.

# **Ways to contribute:**

- Amazon Wish List
- Annual Giving Events
- Endowments
- Horseshoe Club
- Individual Gifts
- In-Kind Gifts
- Legacy of Hope
- Monthly Giving
- Stocks & Securities

# **Special Events:**

- Amplify Austin (March)
- Barn Dance (April)
- Horseshoe Club (Year-Round)
- Legacy of Hope (Year-Round)
- Cowgirl Bruncheon (Nov)
- End of Year Giving (Nov–Dec)

Contact Karah Powell for custom giving plan options to suit any situation at 512-930-7625 or email karah@rockride.org.



### **Horseshoe Club**

ROCK Horseshoe Club is made up of sponsors who provide for the care and feeding of ROCK therapy horses. Sponsorship of a horse through a monthly or annual gift provides for the ongoing needs of the ROCK herd.

# FINANCIAL SUPPORTERS

Our mission to improve independence and life skills in partnership with the horse would not be possible without the support of our generous donors. The following are individuals, foundations, and corporations that invested \$1,000 or more between July 1, 2022 and June 30, 2023. Thank you!



Alfred's Catering Abbie's House Adrienne Bonds Alexia (Lexi) & Steven Elliott Alice & Floyd Edwards Alicia Smith Alisha Johnson Alliance Bank AmazonSmile Foundation American Legion Post 447-Round Rock Amy & John Gantt Angela Miller Ann & Ken Loudermilk Anna+Anton Olson Legacy Fund Applied Materials - Your Cause April & Paul McCourt Ascension Texas Foundations Dawn & Tol Harris Ashley & Beau Whitaker Ashley & JB Barnes Audra Spann **Austin Community** Foundation

Barbara & George Brightwell Barbara Bergin **Becky Adkins Beth Avery Betty Koonce Betty Woods** Bettye & Gordon Logan Bill M & Cecile Autrey Ham

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# THE ROCK HERD Belle • Cash • CB • Charles • Donut • Echo • Grant • Henry • Icy Ike • Jet • Lee • Mayo • Midnight • Mooch • Partner • Peggy Sue Playboy • Scooter • Shimmer • Shug • Skippy • Sonny • Tony In loving memory of Buddy and Dunny. **ROCK Board ROCK Board ROCK Staff** of Directors of Advisors Donelle Beal \*\* Amy Keck **Kevin Bowers** Nancy Krenek \* Chris Miller, President Patti Colbert, Chair **Brittney Brigham** Priscilla Lightsey \* Victor J. Bero, Vice President Dr. Barbara Brightwell Maddie Marrone **Bob Byrns** Shannon Middleton Steve Shook, Treasurer Ron Coleman Louisa Chandler Dr. Charles W. Graham, DVM Christina Clary **Phoebe Miller** George Brightwell, Secretary Patrick Breen, DVM, Past President John Gustainis Olivia Coleman Amanda Mott

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Kaelynne Prouse
Ross Taggart
Amy Tripson
Stephane Troxell
Susy Turnbull
Laura Vann \*\*
Kristin Witcher

\* ROCK & Courtney Cares staff \*\* Courtney Cares Staff

We welcome new 2023-2024 staff members Melanie Allison, Nikki Anthony, Loni Chagnon, Scott Cummings, Joan Cutler, Steve Duhamel, Sidney Korry \*\* and Angie Loiselle. Chris Miller, President
Victor J. Bero, Vice President
Steve Shook, Treasurer
George Brightwell, Secretary
Patrick Breen, DVM, Past Presidel
Bruce Bessner
Matthew Easton
Dan M. Gattis
Carter Hall
Craig Harris, Past President
Barrie Laing
Judy McLeod
Patti O'Meara
Lindsey Roberts, Past President
Carol Ann Sandlin
Dana Smyth
Ron Swain
Stephanie Zinsmeyer

We welcome new 2023-2024 Board of Directors members Susan Harris, Rita Healy, CHA, and Erin Koval, MD. Patti Colbert, Chair
Dr. Barbara Brightwell
Ron Coleman
Dr. Charles W. Graham, DVM
John Gustainis
Dr. Wayne Hurst, DPM, FACFAS
Frank Krenek
Hon. Betsy Lambeth
Edward Logan
Bill Mateja
Al Mowdy
Nolan Ryan
Reid Ryan
Ron Shelly

We welcome new 2023-2024 Board of Advisors member Curtis Crenwelge.



In September 2022, ROCK proudly unveiled the Sport Clips Heroes Arena, a project made possible through the collaboration of Sport Clips, the Mabee Foundation, the Montandon Foundation, the WD Kelley Foundation, and the support of 144 donors. This joint effort not only brought the arena to life but also retired the land debt, initiated pasture improvements, and set the stage for our 2024 expansion. Anticipated highlights include the HEB Serving Kitchen, a revamped Patti Colbert Learning Center, and an expanded staff office. In a momentous November 2023 Ribbon Cutting Ceremony, attended by over 100 donors, we celebrated the completion of the Doc Breen Vet Clinic. Our heartfelt thanks to The Embree Group for their exceptional design and construction. To all who continue to lift and support ROCK, your commitment shapes our success, benefiting our families, staff, and beloved herd. Your contributions propel us forward, and we express our deep gratitude for being integral to the ROCK community.



# IN LOVING MEMORY OF George & Barbara Brightwell

25 years ago, George and Barbara Brightwell heard about ROCK through an article in the Williamson County Sun, and then they heard that Nancy Krenek was interested in their twenty acres that were for sale on CR 110. After meeting each other, George and Barbara prayed and gave their beautiful twenty acres for the purpose of 'Healing Thru Horses'. This gift gave ROCK the foundation to build on. In addition, George joined the Board of Directors, serving as the secretary and parliamentarian, and Barbara served as the head of the Executive Advisory Committee and served on the Advisory Board. This couple was the ROCK of ROCK. They are sorely missed and will always be remembered.

# Providing Equine-Assisted Services to Central Texas since 1998!

2050 Rockride Lane | PO Box 2422 Georgetown, TX 78626 | ROCKride.org Tax ID# 742917659



ROCK, Ride On Center for Kids (ROCK) is a 501 (c)(3) nonprofit organization that provides equine-assisted services to children, adults, and veterans with physical, cognitive, and emotional challenges.

