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# 2nd Tuesday Psychoeducational CLASS SCHEDULE 2024-2025

**2024** October 8 – Conflict  
November 12 – Boundaries

**2025** February 11 – Connection  
March 11 – Anxiety  
April 8 – Intimate Relationships  
May 13 – Chronic Pain

*All classes facilitated by:*

Rob Clark, PhD

Licensed Clinical Psychologist

## CLASS TIMES

**5:00 PM**

**OR**

**7:30 PM**

**Dinner served  
at 6:40 PM.**

*(Must RSVP by 2 pm  
the Tuesday before the class)*

## ALL ARE WELCOME!\*

Please RSVP the following information  
to [Joan@ROCKride.org](mailto:Joan@ROCKride.org):

- ✓ Name(s) of those attending
- ✓ Class time
- ✓ Email address
- ✓ Phone number
- ✓ Number of people attending dinner
- ✓ If each person is a veteran, spouse, dependent, or civilian.

\* No childcare provided



**RSVP to Joan Cutler at [Joan@ROCKride.org](mailto:Joan@ROCKride.org)**

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