





Healing Thru Horses

MISSION

Improving independence and life skills in partnership with the horse.

VISION

To be the trusted leader in equine-assisted services through research, education, and programs.

Dear ROCK Family and Friends,

For over 26 years, families have been coming to ROCK seeking improved independence and lifeskills in partnership with the horse. ROCKateers have been lifting up others as they work with the horse, experiencing their own journey of mental, emotional, and spiritual self-discovery. Agriculture is good for all of us, and the horse is an amazing catalyst to help us move our feet in a new direction, and break out of boxes, to see our new potential. We see this with our participants, ROCKateers and staff, and even our donors, as they see their investments create life changing opportunities for others.

This past year we have been busy remodeling the Patti Colbert Learning Center, staff offices, and adding the HEB serving kitchen, as well as a new hay barn and making progress on a new equipment barn. Staff and ROCKateers have grown in number as well as our participants. We have acquired many new four-legged partners and found sweet retirement homes for horses who have given us years of faithful service. ROCK is still working with veterans and next year will be 20 years since we began our work with Ft. Hood (Cavazos) and BAMC to serve veterans with horses. There has been no looking back.

Through the data we collect, we continue to learn how the partnership with the horse helps our children, adult, and veteran participants in ways that extend beyond the arena into family, school and community. New surveys and data point to the benefits our volunteers receive as they report lower anxiety as well.

We are grateful to our investors of trust, time and resources that all make ROCK happen.

ROCK has some of the most amazing staff and leaders we have ever seen. The training, professionalism and the love they have for their families and ROCKateers who come to ROCK is astounding.

Courage and Blessings,

Dr. Nancy Krenek, PT, DPT, HPCS CEO & Founder

Ducy Krenek

Chris Miller, Board President

Chris Miller







Service Hour Distribution:

Equine-Assisted Activities 3,278

Equine-Assisted Learning 1,426

Equine-Assisted Therapies 324

Veterans 2,192

Total Service Hours:

7,220 Participant

25,949Volunteer

ROCKATEERS

Our mission is accomplished thanks to the passion and commitment of our volunteers, lovingly referred to as ROCKateers, who range in age from 14 to 92.

Training is offered throughout the year and, while horse experience is valued, it is not required. Help is always needed in the following areas:

- Sidewalkers
- Special Events
- Welcome Wranglers
- Barn Maintenance
- Horse Handlers
- Work Groups



Scan QR code or visit ROCKride.org/volunteer to get involved today!



The impact of ROCK's programs is seen in the research, goal documentation, surveys, and testimonies from the participants that ROCK serves.

94% of children & adults improved in independence* 88% of children & adults improved in life skills*

ROCK participants reported improvement in the following cognitive, motor, and behavioral skills:

| Focus and attention | 88% |
|---------------------------|-----|
| Following directions | 77% |
| Posture | 70% |
| Sitting balance | 66% |
| Trunk control | 64% |
| Expression of wants | 58% |
| Socialization with others | 55% |
| Verbalization | 51% |
| Reduced anxiety | 50% |
| Communication | 50% |



ROCK On Veterans (ROV) participants reported improvements in the following areas**

90% Decreased Anxiety
90% Improved Stress Management
95% Improved Mood





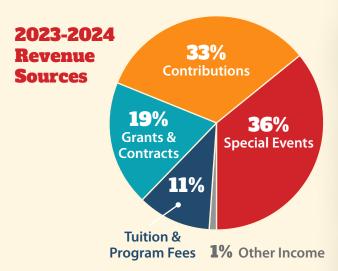
REVENUE & EXPENSES

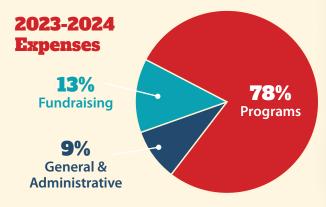
We are grateful for all our monthly and yearly donors, those who attend our special events and support us through ticket sales and event sponsorships, as well as our grantors and foundation gifts, all of which contribute to our operational budget. This year the average gift of the individual contributor was \$830.

2023-2024 Annual Operating Budget

Audited financial statements available upon request

\$2,199,260









pasture. They are oriented to block the sun in the summer and cold winds, which usually come from the west and north, the rest of the

year. Rain or shine, the horses have protection.

In 2014, ROCK began a capital campaign to purchase additional acres and to build a second arena. It was Charles Avery who instigated the purchase of more land while George and Barbara Brightwell supported the rally. We started with the purchase of 20 acres to the north. First Texas Bank funded the purchase and charged interest only for a few years. After this we began planning for a second arena. And magically, the south 20 acres hit the market along with a house and a barn. ROCK's board of directors voted "YES," and First Texas Bank supported us again. We began fundraising and were able to pay everything off in April 2023 with a final push grant from both the Harry E. and Eda L. Montandon Charitable Trust and W.D. Kelley Foundation. We celebrated by burning the final note at the 2023 Barn Dance. The expansion project below have all been possible with the support of great donors. To all who continue to lift and support ROCK, your commitment shapes our success, benefiting our families, staff, and beloved herd. Your contributions propel us forward, and we express our deep gratitude for the integral role you have in the ROCK community.

SPORT CLIPS HEROES ARENA

As ROCK has grown, there has been a need for additional covered space. The Sport Clips Heroes Arena opened in the fall of 2022, and has allowed ROCK to serve more families and decrease our waiting list. The front part of this arena has a comfortable plaza named after Charles Avery III for families to sit.

FUTURE EQUIPMENT BARN

Location of our future equipment barn which is being built to protect the tractors, RTV's, and trucks used to care for the horses and land.

HAY BARN

The hay barn was built by our facilities team led by Sidney Garrison and his crew of Scott Cummings, Steve Duhamel, and Chris Foret. This was built with the original frame from classic ROCK that provided protection when it rained.

QUARANTINE PASTURES

With additional funds, ROCK was able to build new pastures and paddocks. ROCK now has a quarantine pasture for new horses on trial. Keeping new horses away from our other horses for 30 days and a vet check ensures the health of our existing herd.

MIRACLES

Thank You DONORS

EQUINE-ASSISTED SERVICES

Programs

Speech & Physical Therapy Incorporating Equine Movement

Also known as Equine-Assisted Therapies (EAT), this strategy utilizes the dynamic movement of the horse to achieve speech therapy or physical therapy goals.

Adaptive Riding

Also known as Equine-Assisted Activities (EAA), adaptive riding is designed to teach horsemanship and riding skills to individuals with special needs, with the goal of increasing functional life skills.

ROCK On Veterans

ROCK On Veterans offers co-ed and women-only programs for veterans and active-duty service members, as well as programs for veteran families partnering with horses and veteran volunteers.

Equine-Assisted Learning (EAL)

EAL is an educational approach that incorporates equine-facilitated activities using the experience of equine to human interaction in an environment of learning and self-discovery.

School Programs

Through partnerships with local school districts, ROCK is able to create connections with the horse and facilitate learning between diverse populations through Equine-Assisted Learning (EAL) programming.

Summer Camp

ROCK offers summer camps full of fun and learning about the horse during the summer months that includes Camp Bright Side, an inclusion camp, and Camp Courage which is offered to children of veterans and active-duty service members.

Education

TAMU Courtney Cares Equine Therapeutic Program

In 2012, ROCK began partnering with Texas A&M University to provide the staff, knowledge, and expertise in Equine-Assisted Activities and Therapies for a program on campus at TAMU in College Station, TX. Learn more at www.courtneycares.org.

Intro to Equine-Assisted Activities and Therapies (EAAT) Course

In Spring 2018, Dr. Priscilla Lightsey and Dr. Nancy Krenek began teaching an Intro to EAAT course at Texas A&M in College Station. The lab for this class is conducted in the arena of Courtney Cares.

ROCKateers

ROCK has many opportunities for volunteers (ROCKateers) to expand their horse knowledge, serve on a board or committee, help with office work, side walk, horse handle, and take on leadership roles in a volunteer capacity.

Internships

ROCK offers internships for individuals seeking to learn about EAS. ROCK partners with local universities as well as individuals seeking to be a certified therapeutic riding instructor.

Research

Research in Partnership with Institutions of Higher Learning

ROCK is fulfilling our vision to be the trusted leader in Equine-Assisted Services through research, education, and programs by collaborating with universities to conduct research to document the effectiveness of equine-assisted activities and therapies. To date, ROCK has participated in 24 research papers within the field of Equine Assisted Services with four being published in peer reviewed journals.

H.O.P.E. (Horses Offering People Enrichment)

ROCK provides educational and intern support to this nonprofit EAAT program serving children with special needs in Beijing, China. Dr. Priscilla Lightsey, who works at ROCK and TAMU Courtney Cares, is the Founder and Executive Director of H.O.P.E. Learn more at www.hopebeijing.org.



Healing Thru Horses





ROCK's annual operating budget is supported by generous donors like you through special events and contributions.

Ways to contribute:

- Amazon Wish List
- Annual Giving Events
- Endowments
- Individual Gifts
- In-Kind Gifts
- Monthly Giving
- Stocks & Securities

Special Events:

- Amplify Austin (March)
- Barn Dance (March)
- Boots in the Dirt (Year-Round)
- Horseshoe Club (Year-Round)
- Legacy of Hope (Year-Round)
- Cowgirl Bruncheon (Nov)
- End of Year Giving (Nov–Dec)

Contact Karah Powell for custom giving plan options to suit any situation at 512-930-7625 or email karah@rockride.org.



Horseshoe Club

ROCK Horseshoe Club is made up of sponsors who provide for the care and feeding of ROCK therapy horses. Sponsorship of a horse through a monthly or annual gift provides for the ongoing needs of the ROCK herd.



Boots in the Dirt Club

A monthly giving program to support ROCK's ROCKateers who give their time and hearts everyday in the dirt.



Scan QR code or visit ROCKride.org/donate to make an impact!

TOP 10 DIAGNOSES TREATED

ADHD
Autism Spectrum
Cerebral Palsy
Down Syndrome
Developmental Delay
PTSD
Seizure Disorder
Speech Delay
Traumatic Brain Injury
Visual Impairment

"I wanted to thank you guys for helping to allow me to ride. I have benefited from ROCK in several different areas. I have decreased anxiety, have more self confidence, more independence and the ability to reason and deal well with life and its challenges. Thank you for the scholarship to be able to ride at ROCK."

- Sarah V., participant

"The veterans program made me feel welcomed and gave me a sense of belonging. The safety of the space allows us to share with the other veterans what we might not share elsewhere. I have found the time with the other vets, and especially the time with the horses, to be therapeutic and healing in unexpected ways."

- Steve D., ROCK On Veterans participant

"I am currently serving as a volunteer for ROCK in appreciation for the services they provided our family over 20 years ago. ROCK consistently delivers an exceptional experience to all participants in the program. I highly recommend their services and encourage those looking for volunteer opportunities to join the ROCKateer team."

- Brian D., ROCKateer

FINANCIAL SUPPORTERS

Our mission to improve independence and life skills in partnership with the horse would not be possible without the support of our generous donors. The following are individuals, foundations, and corporations that invested \$1,000 or more between July 1, 2023 and June 30, 2024. Thank you!



A+ Federal Credit Union Abbie's House **Abernethy Concrete** Adrienne Bonds Aileen Phillips Al & Celeste Kauffman Al & Jean Mowdy Alfred's Catering Alice Edwards All American Chevrolet of Killeen All Star Ligour Alliance Bank Alvsia Wightman American Legion Post 447 Angela Miller Anna Kraft Fine Art **Apple Contractors Applied Materials - Your** Cause **Armanino Foundation** Ascension Seton **ATX** Equipment **Austin Community** Foundation Bank of America **Barrie & Nancy Laing** Beau & Ashley Whitaker **Becky & Hunter Adkins BeLocal Magazine**

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ROCK Staff

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Haylee Feeback
Devon Felts
Susan Finfer
Chris Foret
Sidney Garrison
Heather Humphrey
Amy Keck
Sydney Korry **
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Priscilla Lightsey *
Angie Loiselle
Annette McCloskey

Shannon Middleton Phoebe Miller Amanda Mott Dorothy O'Neal Karah Powell Gaby Stephens Ross Taggart Stephane Troxell Susy Turnbull Laura Vann ** Kristin Witcher

*ROCK & Courtney Cares staff | ** Courtney Cares Staff

ROCK Board of Directors

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Steve Shook, Treasurer
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Lindsey Roberts, Past President
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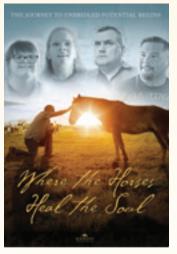
We welcome new 2023-2024 Board of Directors members Barbara Bergin-Nader and Tol Harris.

ROCK Board of Advisors

Patti Colbert, Chair Ron Coleman Curtis Crenwelge Dr. Charles W. Graham, DVM John Gustainis Craig Harris Dr. Wayne Hurst, DPM, FACFAS Frank Krenek Hon. Betsy Lambeth **Edward Logan** Bill Mateja Joe McSpadden Al Mowdy Nolan Ryan Reid Ryan **Ron Shelly**

2023-2024

Many years ago, George and Barbara Brightwell decided to create a ROCK documentary. They hired Twila LaBar and created a documentary with four participants from ROCK— Faith, Hunter, Todd and Will. The Brightwells wrote a mission statement of the purpose of the documentary and left it to ROCK.



In the documentary "Where the Horses Heal the Soul." audiences are drawn into stories that exemplify the transformative power of therapy horses. It vividly demonstrates how the simple act of riding and the profound connection with these horses can significantly change lives. At ROCK, participants acquire vital life skills, foster independence, and discover renewed purpose through their

relationships with these extraordinary animals. This bond enables them to unlock their full potential and embrace a brighter path forward.

This movie has been entered in many film festivals and won awards and continues to be shown in local universities and centers. The Brightwell's vision of sharing hope for people possibly put in a "box" continues to be a beautiful legacy.

You can learn more about the documentary by visiting the website at wherethehorseshealthesoul.com.

Lward

PATH Intl. 2024 Awards

Erik Stoeckle - Volunteer of the Year

Erik has played a pivotal role as one of the early members of the ROCK's ROV program. Today he serves as a Horse Handler and mentor, guiding and supporting veterans in the program. Beyond this, Erik volunteers twice a week as a Team Lead overseeing other programs at ROCK and dedicating six hours a day to this cause. He ensures the smooth functioning of classes and



mentors other volunteers. He collaborates with more than 300 fellow volunteers, exemplifying leadership and sharing his extensive knowledge. Thank you, Erik, for your 15 years and 18.000 hours of dedication to ROCK.

Grant – Region 8 Equine of the Year



Grant has served at both ROCK and Courtney Cares (courtneycares.org) after working with college students in the TAMU Corps of Cadets Parsons Mounted Cavalry. He has pulled the cannon, demonstrated the perfect temperament for teaching leadership, carried individuals with special needs, and participated in veteran

programs. He is a beautiful, steady Eddy with a soft eye and the biggest heart.

Drawing courtesy of PATH Int.

Thank you to Carol Hutchison, Desiree Steele and David Valdez for providing some of the photos featured in the Annual Report.



Providing Equine-Assisted Services to Central Texas since 1998!

2050 Rockride Lane | PO Box 2422 Georgetown, TX 78626 | ROCKride.org Tax ID# 742917659



ROCK, Ride On Center for Kids (ROCK) is a 501 (c)(3) nonprofit organization that provides equine-assisted services to children, adults, and veterans with physical, cognitive, and emotional challenges.