

## FREE

## THE HEART OF SERVICE: A RETREAT FOR VETERAN AND MILITARY COUPLES

Saturday, Feb 8, 2025 9:00AM - 1:00PM (Check in at 8:30AM)

ROCK (Ride On Center for Kids) 2050 Rockride Ln Georgetown, TX 78626

Couples only retreat open to any veteran, active duty service member, and their spouse/partner

**\$** FREE

## **REGISTRATION REQUIRED**

<u>heart-of-service.eventbrite.com</u>



Take time together with your spouse/partner and join fellow veterans and military couples for an empowering morning of self-care. Learn techniques to quickly and effectively improve communication and connection.

Workshop sessions include:

- Bridging the Gap: Using Effective Communication for Connection
- Vision in Harmony: Defining Shared Goals with Art
- Equine Connection: Horse Love Grooming & Interaction

Event details:

- Must show proof of military status: DD-214, VA card, military ID, marriage certificate, statement of benefits
- Please wear comfortable clothing for gentle movement, and bring closed toe shoes (boots preferred) with pants/shorts for horse work
- Lunch will be provided
- Childcare will not be provided

## Questions? Contact leslie@samaritan-center.org









This program is supported by a grant from the Texas Veterans Commission Fund for Veterans' Assistance. The Fund for Veterans' Assistance provides grants to organizations serving veterans and their families. For more information, visit www.TVC.Texas.gov.